

# SIGNING is "IN" at Stepping Stone School!



Welcome to Stepping Stone School's unprecedented American Sign Language (ASL) program! Learning ASL helps young children express their needs and reduces frustration.

Easily recognize a sign your child may use and learn the signs yourself!





# Infant Signs



around each other while simultaneously moving them toward the body.



Source: Signing Made Easy, Rod R. Butterworth and Mickey Flodin

#### Hand Shapes

movements.

Note that unless otherwise stated, expressions refer only to the ending position of the hand as it is here illustrated:

Wash

WASH: Rub the knuckles of both closed hands together with circular

the left hand







Food

toward the mouth a few times.









### Young Toddler Signs

#### Mommy

MOMMY, MOTHER: Touch the chin with the thumb of the right open hand.





#### Daddy

DADDY, FATHER: Touch the forehead with the right open-handed thumb.

them

Cold, chilly, frigid,

WINTER: Hold up both S hands

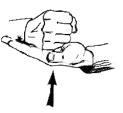
in front of the chest and shake



Baby, INFANT: Hold the arms in the natural position for cradling a baby and rock the arms sideways.



HELP, ASSIST, AID, BOOST: Place the right closed hand on the flat left palm and lift both hands together.





Water

WATER: Touch the mouth with the

index finger of the right W hand a

Stop, CEASE, HALT: Bring the little-finger side of the right flat hand down sharply at right angles on the left palm.



Hot: Place the fingers and thumb

of the right C hand at the sides of

the mouth, then quickly pivot the

hand forward to the right.

### NO: Bring the right thumb and the index and middle fingers together.

**Drink** DRINK: Move the right C hand in a short arc toward the mouth.



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#### Hand Shapes

few times.

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The Open Hand The Closed Hand

The Clawed Hand



## Toddler Signs





HI, HELLO: Move the right B hand to the right from a position by the right temple.





#### Talk

TALK, COMMUNICATE, CONVERSATION, DIALOGUE, INTERVIEW: Move both index fingers back and forth from the lips alternately. Use C hands for communicate and conversation, D hands for dialogue, and I hands for interview.

Kind,

Gentle

KIND, GENTLE (TOUCH, BEHAVIOR): Hold the left curved hand to the front with

fingertips of the left hand several

times.

the palm up. Brush the little finger edge of the right curved hand upward over the



#### Smile

SMILE, GRIN: Stroke the cheeks backward and upward with the fingers of both hands.

### Books

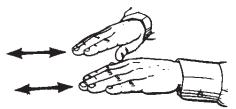
BOOK, TEXTBOOK, VOLUME: Place hands palm to palm, with fingers pointing forward. Open hands to palm-up position. Keep contact with the little fingers.







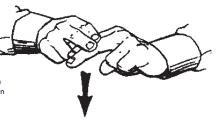






WALK, STEP: Hold both flat hands in front with palms down; then imitate walking by moving each hand forward alternately.

SIT, BE SEATED, SEAT: First sign chair, then move both hands down slightly.



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#### Hand Shapes

Note that unless otherwise stated, expressions refer only to the ending position of the hand as it is here illustrated:













### Preschool Signs

#### ance

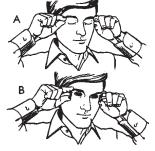
DANCE, BALL: Point the left flat upturned hand to the right; then swing the downturned fingers of the right V hand from side to side over the left palm.



#### Sad

SAD, DEJECTED, DESPONDENT, DOWNCAST, FORLORN, SORROWFUL: With palms facing in, bend the head forward slightly while dropping the open hands down the length of the face. Assume a sad expression.





Soap

SOAP: Brush the right fingertips

across the left palm several times.

NOTE: Variations in the direction and manner of rubbing exist for this

sign.

#### ۸wake

AWAKE, AROUSE, WAKE UP: Place the closed thumbs and index fingers of both Q hands at the corners of the eyes; then open eyes and fingers simultaneously.

#### Hungry

HUNGER, APPETITE, CRAVE, FAMINE, Move the thumb and fingers of the right C hand down the center of the chest from just below the throat

### Toilet

TOILET, BATHROOM, RESTROOM: Shake the right T hand in front of the chest with the palm facing forward. Restroom can also be signed by pointing the right R hand forward and moving it in a short arc to the right.





#### Myself

MYSELF, SELF: Bring the A hand against the center of the chest with palm facing left.



#### Chair

CHAIR: Place the palm side of the right H fingers on the back of the left H fingers.

Lie Down LIE DOWN, RECLINE: Place the back of the right V fingers on the left flat palm.





SORROW, APOLOGY, REGRET: Rotate the right A (or S) hand in a few counterclockwise circles over the heart.



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#### Hand Shapes

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# Pre-K Signs

#### Sleep

SLEEP, DOZE, NAP, SIESTA, SLUMBER: Place the palm side of the right open hand in front of the face and move it down to chin level while forming an and hand.



#### Smell

SMELL, FRAGRANCE, FUMES, ODOR, SCENT: Pass the slightly curved palm of the right hand upward in front of the nose a few times





#### Children

CHILD, CHILDREN: Place the right flat downturned hand before the body and motion as if patting the head of a child. When referring to more than one child, move the hand to another position and repeat the sign.



TASTE: Touch the tip of the tongue with the right middle finger. The other fingers of the right open hand are extended.

#### Ηαρργ

HAPPY, DELIGHT, GLAD, JOY, MERRY: Move both flat hands in forward circular movements with palms touching the chest alternately or simultaneously. One hand is often used by itself.



HOW: Point the fingers of both bent hands down and place hands back to back. Revolve hands in and upward together until palms are flat and facing up.



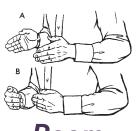
#### Clean

CLEAN, NICE, PURE: Move the palm of the right flat hand across the palm of the left flat hand from wrist to fingertips.





YOUR. HIS. HER. THEIR: Push the right flat hand forward with palm facing the person referred to. The signs for male and female can precede his and her if it is not obvious from the context. Add a final move to the right for your in the plural.



Room ROOM: Outline the sides and shape of a square in two movements with both flat hands. R hands can be used also.

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#### Hand Shapes

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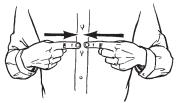




### Advanced Pre-K Signs

#### Hurt

HURT, PAIN, ACHE, INJURY: Thrust the index fingers toward each other several times. This may be done adjacent to the particular area of the body that is suffering from pain.



#### Feelings

FEELING, MOTIVE, SENSATION: Move the right middle finger upward on the chest with other fingers extended.

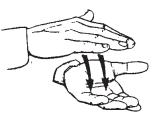




I Love You I LOVE YOU: Hold the right hand up with

palm facing forward. The thumb and the index and little fingers are extended.





Sickness

SICK, DISEASE, ILL: Place the right middle finger on the forehead and the left middle finger on the stomach. Assume an appropriate facial expression.



ALMOST, NEARLY: Brush the little-finger edge of the right hand upward over the fingertips of the curved left hand. Both palms face up.







#### Patient

PATIENCE, BEAR: Move the right A thumb downward over the lips.



Friend

FRIEND, FRIENDSHIP: Interlock the

right and left index fingers and

repeat in reverse.



### Truth

TRUE, AUTHENTIC, GENUINE, REAL, REALLY, SINCERE, SURE, TRUTH, VALID: With palm facing left, move the right index finger in a forward arc from the lips.

Enough ENOUGH, PLENTY, SUFFICIENT: Move the right flat hand across the top of the left S hand a few times.



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#### Hand Shapes

Note that unless otherwise stated, expressions refer only to the ending position of the hand as it is here illustrated:



The Curvec Hand <u>The Flat Hand</u>











## School Age Signs



#### Hand Shapes

Note that unless otherwise stated, expressions refer only to the ending position of the hand as it is here illustrated:



The Curved Hand







The Open Hand The Closed Hand

The Clawed Hand



## Our School Signs

